

The Power Of



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Positive Thinking



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The Journey...

- SK MASOLOG
- SMK TANDEK
- SMK KOTA MARUDU
- SMK MAT SALLEH RANAU
- MATRIKULASI SAINS UKMS, MENGGATAL
- PMUKM, KUALA PILAH
- PENGAJIAN PERUBATAN UKM KL/HUKM
- PEGAWAI PERUBATAN, HOSPITAL TAWAU
- PENGARAH HOSPITAL KOTA BELUD
- PENGARAH HOSPITAL TUARAN
- **ACACIA CLINIC & SURGERY, KOTA BELUD**

1983-1988

1989-1991

1992-1993

1994

1994-1995

1995-1996

1996-2002

2002-2004

2004-2006

2007-2008

Since 2009

Three types of thinking...

- **Positive**
 - Maju, berusaha, berharap.
- **Negative**
 - Mundur, putus asa, pasrah.
- **Neutral**
 - Statik, beku, kosong.

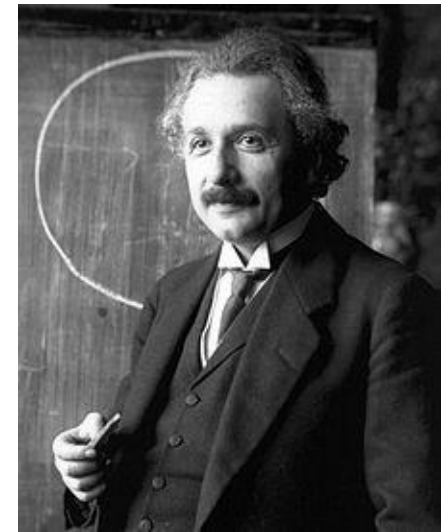
Mutiara Kata...

“There’s only two way to live your life...

One is as though nothing is a miracle.

The other is as if everything is.”

-Albert Einstein.



“Your mind is your garden,

Your thought are the seed.

Your can grow flower,

Or you can grow weeds.”



“Every thought has a frequency.

**Thoughts send out
a magnetic energy.”**



Pernahkah anda merasa kecewa...?

Be Positive...

1. Don't look back.

**“Always look at what you have left.
Never look at what you have lost.”**

–Robert H Schuller

**“But one thing I do; forgetting what is
behind and straining toward what is
ahead.”**

-Philippians 3: 13

2. Don't lose Hope.

“We must accept finite disappointment, but we must never lose **infinite hope.”**

– Martin Luther King, Jr.

“Bukankah Aku sendiri tahu rencana-rencana-Ku bagi kamu? Rencana-rencana itu bukan untuk mencelakakan kamu, tetapi untuk kesejahteraanmu dan untuk memberikan kepadamu masa depan yang **penuh harapan.”**

-Yeremia 9:22

3. Terus Berusaha.

“Even if I knew that tomorrow the world would go to pieces, I would still plant my apple tree.”

–Martin Luther

“But one thing I do; forgetting what is behind and straining toward what is ahead.”

-Philippians 3: 13

Have Faith!

“Tidak ada yang mustahil bagi orang yang **percaya.**” (Markus 9: 23)

“Sebab Aku berkata kepadamu: Sesungguhnya sekiranya kamu mempunyai iman **sebesar biji sesawi** saja kamu dapat berkata kepada gunung ini: Pindah dari tempat ini ke sana, -- maka gunung ini akan pindah, dan takkan ada yang mustahil bagimu.” (Matius 17: 20)

Faith

Factor

**“I can do everything through
him who gives me strength.”**

-Philippian 4: 13

China Got Talent 2010



"There are only two options for the rest of my life: die as soon as possible or live life loud," –Liu Wei.

No matter how hard it is...



Be Positive.



**Di mana ada kemahuan, di situ ada jalan,
Jika ada usaha, pasti ada kejayaan!
Bila sudah berjaya jangan lupa Tuhan,
Kerana tanpa Tuhan, tiada kejayaan!**

SEKIAN DAN TUHAN MEMBERKATI

